



Adath Shalom Congregation
31 Nadolny Sachs Drive Private, Ottawa, ON, K2A 1R9
www.adath-shalom.ca

Bulletin

December 26 2011 – February 19, 2012
30 Kislev - 26 Shevat 5772

CO-PRESIDENTS' MESSAGE -- JANUARY, 2012

Dear Members,

One of the highest priorities of our congregation is to provide opportunities for Jewish learning throughout the year. During the past year, Adath Shalom's Adult Education program has hosted events featuring Professor Gershon Hundert from McGill discussing Hasidism, Barry W. and his new bencher, Sid F. and his journey to Poland. We have sponsored and organized the Klez 4 fundraiser for the Kosher Food Bank at Agudath Israel and hosted Cantor Neil Schwartz from Saskatoon, who provided us with interesting facts and guidance in leading the Shabbat prayers.

We recently enjoyed an excellent presentation by Joel and Toby Y. on the history of the Jews of India. David S. presented his "Surprising revelations about the history of Israel", based on his research and recent travels .

The Adult Education program for the next few months includes a presentation from the director of Jewish Family Services, Klez 5 at Congregation Machzikei Hadas, the Leah Schnitzer Shabbaton as well as other events. Watch for further announcements in the upcoming bulletins.

In addition to our own activities, we suggest that you, your families and friends experience the latest exhibit at the Canadian Museum of Civilization. The "God(s)" exhibit includes artifacts from synagogues, churches and mosques as well as interviews with people of all faiths. You will also have an opportunity to express your personal thoughts and have them displayed on the museum's web site.

Paul and Sylvia

UPCOMING EVENTS

January 22 7:30pm: Adult Education Program in the Party Room of Leslie's Building:
"Poverty in the Jewish Community"

Upcoming Board Meetings

January 8, 2012
February 12, 2012
April 15, 2012

SOCIAL ACTION COMMITTEE COLLECTION FOR STREETSMARTS

Thank you to everyone who donated warm sweaters, jackets, hats, mitts and socks for Jewish Family Services' StreetSmarts program. An entire dolly load of items was delivered to JFS after three weeks of collection in December. For over 10 years StreetSmarts volunteers have reached out to people of all ages who are homeless, providing them with warm clothing and referrals to other agencies. Some of the homeless people are Jewish.

Since 1994 the Social Action committee has been the face of our Shul's Tikkun Olam, through collections and financial donations. The Committee has collected from our members for many agencies, including the Kosher Food Bank, 515 Women's Shelter and Red Lake Homeless Shelter. Financial donations have been made to international and local organizations such as Shatil, MultiFaith Housing, Cambridge Street Public School and Leading Note's KidsOrkidstra. These donations come from the Social Action fund and from one percent of the Shul's annual budget. The Committee meets twice yearly to determine

worthy recipients for the coming year.

Special thanks to the Committee's volunteers for continuing to serve the community and help those in need. The Committee always welcomes new members, both in our organizing of collections and in our hands-on volunteering in the Ottawa community. If you are interested in a new or an ongoing project for the Committee, please contact Ellen C.

Fern G.

POVERTY IN THE JEWISH COMMUNITY

Come hear about the issue of poverty: what poverty is, and how it affects affiliation, and community responses.

Presenter: Andrea Gardner, of Jewish Family Services.

Date: Sunday, January 22, 2012

Time: 7:30pm

Location: Party Room of Leslie R.'s building..

Paul A.

PARASHA VAYESHEIV DECEMBER 17, 2011

This is the third parasha in a series of parshiot beginning with the letter "Vav (V)"

- The first was Vayatzai - Jacob left,
- followed by Vayishlach - Jacob arrived,
- and this section, Vayeshev - and Jacob was settled.

As an aside, vav = 6 so one could say that these three parshiot = 18 - which equals life (for those familiar with "*Fiddler on the Roof*"— one of the show's more famous songs is called L'Chaim – to Life—a sentiment that is frequently uttered on happy occasions like the one we are celebrating today).

This phrase L'Chaim is popular – the term encompasses not only celebration with an eye to the future "May all your futures be pleasant ones" but also looks to the past "God would like us to be joyful, Even when our hearts lie panting on the floor" – in the act of remembering, life continues

L'Chaim, l'Chaim, to life

It takes a wedding to make us say

Let's live another day

Drink, L'Chaim, to life

Another point to notice about these three parshiot is that they cover the rise and fall of Jacob - from his leaving his father's house penniless, to entering into service with Laban, to leaving Laban's house with his family, his many sons, and his wealth, to returning to the land of his father, losing Rachel, and losing control over his family.

The various trials and tribulations that afflict Jacob and his family are not ameliorated by the fact that Jacob has now settled in one place. In fact one could say that the family's dysfunction seems to become even more obvious now that they are no longer on the move and the children are getting older and more aware of their position or lack of position in their family.

What can we learn out from today's parasha that will

- a) speak to the memory of a beloved husband, father, and father-in-law, Harry S.
- b) speak to the celebration of the pending marriage of our daughter Sarah to Gaelan

This parasha asks us to consider what it means to both experience loss and to remember; as well as to consider what it means to begin a new phase in one's life journey.

First let me address the issues of loss and remembrance:

At the end of the previous parasha, Rachel has died in childbirth, the loss is overwhelming to Jacob, and from this point forth he appears to cede his parental power bit by bit to his adult children.

Response to loss can take many forms - I recently read a fascinating story called *What They Saved: Pieces of a Jewish Past* by Nancy K. Miller, a Professor of English and Comparative Literature. After her father died, [her mother had already passed away a number of years previously], she was going through items he had saved (but had not shared with her)- and she states that she felt driven to learn about her father's side of the family not she states, to say Kaddish or take on any Jewish practices but to learn about her "Jewish" self.

In thinking about loss and what we remember, the story of Tamar could be viewed as the surviving remnant of stories about Jacob's sons and how their treatment of Joseph influenced their behaviours. As much as they wished to rid themselves of their spoiled younger sibling, the ongoing grief of their father, and his diminishing attention to their encampment's daily affairs was a constant reminder of what they had done. When Tamar takes her future in her hands and Judah realizes what has taken place, he is quick to take responsibility for his actions. Aside from losing 2 sons also maybe he realizes it might not be her but his own behaviour that has imposed these losses.

Would he have been willing to concede to Tamar if he was not feeling guilt over his role in Joseph's disappearance. Did he ever wonder if his role in Joseph's disappearance had "imprinted" his own family –

The mourner's Kaddish says nothing about the experience of mourning - once the year is passed the Kaddish is only voiced again each year on the anniversary of the person's death - Yizkor however is recited by those who have lost a parent or a sibling, a spouse or a friend, 4 times a year: Passover, Shavuot, Yom Kippur, and Succot. The Yizkor is very clear that in our remembering we are to honor those we have lost through "pledging charity" - in Hebrew Tzedakah - which is more than charity – is an obligation and is not limited to the writing of cheques but in fact stands for any number of deeds that one can do to improve one's community.- remembering obligates us to "become" the best of oneself as a way of honoring the person being remembered - so Judah has become a leader who is willing to lose face – a very different person from the one that helped to plot his younger brother's downfall.

What then does this same parasha have to say to a young couple about to begin the next stage of their life's journey.

When we encounter Joseph at the beginning of this parasha, he is a braggart - the spoiled child of a doting father who blurts out his dreams to anyone who will listen without consideration of the effect his words will have on others

Joseph's lesson will be learning how to communicate while maintaining his sense of self.

At the end of this parasha, Joseph is seen interpreting the dreams of others - and in fact all the dreams he now relates are the dreams of others, not his own. He has learned to control his impulsivity and need to display his knowledge.

Joseph's transformation begins to take place almost the moment he is sold to the Midianites. He is able to evaluate what Potiphar needs and meet those needs - and if Potiphar's wife had not felt the need to engage with Joseph who knows if he might not have just stayed in that household.

But Joseph has another destiny and as a result of repelling her advances finds himself in prison where he soon becomes the assistant to the chief jailer and is called upon to interpret the dreams of others.

Joseph has moved from being a "child" with no thought as to how his actions and words affect others to becoming an adult sparse and cautious with his words; he is aware of how words influence actions. Joseph has to some extent learned lessons never fully integrated by his father.

For example, Yaakov (Jacob), resolves to leave Laban only after he learns from Rachel and Leah that they are also not happy with their father and wish to be remove themselves and their children from his control. Jacob and his wives seemingly have similar opinions about Laban. But did not share their thoughts. Yaakov (Jacob) kept his thoughts to himself for at least 20 years before sharing them with his wives. One could consider that if Jacob had taken the time years earlier to actually consult his wives and share his concerns with his wives they might have left Laban a good deal sooner. Again this keeping of secrets has shaped our history.

This parasha reminds us of the importance of words and how they can be used to hold secrets, share knowledge, hurt, and help - Joseph has learned to listen before speaking - such a seemingly insignificant act but one that reaps immense rewards for him. Joseph has also learned (to some extent) not to hold secrets.

To pause and to listen before blurting - is part of the art of good communication - or as Abraham Lincoln once said Better to remain silent and be thought a fool than to speak out and remove all doubt.

Joseph was thought to be foolish by his brothers - when they encounter him in the next parasha in Pharaoh's court - they are unable to recognize their foolish brother - and to test them he initially holds his secret close but eventually reveals all -

As Sarah and Gaelan move forward in their journey together, may the words they use always be gently used, supportive and loving, may never feel the need to have secrets from each other..

Shabbat Shalom

Susan L.-C.

YAHREZEITS

Link to Hebrew dates -

<http://www.jewishgen.org/jos/josdates.htm>

Week of Saturday January 7 to Friday January 13 2012

Rose A. L., aunt of Sharon A. D. (12 Tevet)
Morris E., father of Irma C. (13 Tevet)
Anuta T., mother of Abraham T. (13 Tevet)
Avrom B., uncle of Toby B. (14 Tevet)
Nachum Aaron H., father of Carol S. (16 Tevet)
Nissim C., father of Claire C. (17 Tevet)
Ethel S., mother of Allan S. and Ruth P. (17 Tevet)
Yuhudit H., grandmother of Toby B. (18 Tevet)
Ruth P., mother of Marsha P. (18 Tevet)

Week of Saturday January 14 to Friday January 20

Isadore K., father of Elaine H. (21 Tevet)
Morris S., father of Alan S. (22 Tevet)

Week of Saturday January 21 to Friday January 27

Tsilla F., grandmother of Sylvia G. (28 Tevet)
Alan A., brother of Susan K. (25 Tevet)
Shifra B., mother of Jean R. (26 Tevet)
Louis B., brother of Jean R. (28 Tevet)
Maurice K., father of Ruth K. (28 Tevet)
Avraham S., grandfather of Ben S. (29 Tevet)
Helen V., former member (29 Tevet)
Lena C., mother of Ed C. (1 Shevat)
Doris M., mother of Seymour M. (1 Shevat)
Todres S., father of Harold S. (3 Shevat)

Week of Saturday January 28 to Friday February 3

Mary P., mother of Len P. (8 Shevat)
David A., grandfather of Sharon A. D. (9 Shevat)
Sarah A., grandmother of Sharon A. D. (9 Shevat)

Week of Saturday February 4 to Friday February 10

Mildred Emilia G., mother of Sylvia G. (12 Shevat)
Frank V., father of Miriam S. (12 Shevat)
Alan F., uncle of David B. (12 Shevat)
Miriam K., mother of Allan K. (13 Shevat)
Chaim H., father of Toby B. (15 Shevat)
Jean W., mother of Ted W. (15 Shevat)
Isaac L., father of Eva S. (17 Shevat)
Sarah R., mother of Golda Reva M. (17 Shevat)

Week of Saturday February 11 to Friday February 17

Risl G., grandmother of Sylvia G. (18 Shevat)
Aharon L., father of Ed L. (18 Shevat)

Week of Saturday February 18 to Friday February 24

Leopold S., father of Tibor S. (25 Shevat)
Mae B., mother of David B. (28 Shevat)
Henry S., father-in-law of Carole S. (28 Shevat)
Bernard C., father of Usher C. (1 Adar)
Charles Edward R., husband of Jean R., father of Marlene and
Shelley R. (1 Adar)

Week of Saturday February 25 Friday March 2

Moishe B., father of Sylvia C. (6 Adar)
Simon W., father of Barry Dov W. (7 Adar)
Golda D., mother of Alan D. (8 Adar)
Selma L., mother of Barbara K. (8 Adar)
Yoshua O., father of Morel O. (8 Adar)

Week of Saturday March 3 to Friday March 9

Avraham B., father of David B. (9 Adar)
Rita N., mother of Lila N. (9 Adar)
Chaninah M., father of Seymour M. (10 Adar)
Oscar A., uncle of Sharon A. D. (11 Adar I)
David G., father of Harvey G. (11 Adar)
Leib S., father of Steve S. (12 Adar II)

DONATIONS

If you wish to commemorate a yearzeit, make a memorial donation or mark a special occasion, you may contribute to the:

- Ben Brodo Torah Fund (pays for repairs to our torahs)
- Helen Vail Youth Fund (provides stipends to our youth to attend Jewish youth conferences or trips)
- Kiddush Fund
- Leah Schnitzer Shabbaton Fund (supports the annual Leah Schnitzer Shabbaton)
- Rose Adler Fund (adult and youth educational activities)
- Ritual Book Fund (dedicate a Hertz Chumash already in use for \$36)
- Ritual Item Fund (assists in the purchase of ritual items)
- Social Action Fund (2011 – 2012 recipient: YouthNet/ Ottawa)
- General Funds

Send a cheque, with your contribution details, to **Sydney M., Financial Secretary**. If you would like a card sent to mark the occasion, please include the recipient's name and address. A card will be sent on your behalf.

If you would like to sponsor and pay the full cost of a special Kiddush for a life cycle event, contact Kiddush Chair Susan L.-C. to discuss date, requirements and cost.

Tax receipts will be issued for all donations.

The following recent contributions are gratefully acknowledged:

Kiddush Fund

- From Harold S. for his father's yahrzeit
- From Marlene E. and Bruce W. to celebrate Ariel's birthday and the birthday of Ariel's grandparents, Frank and Joan E. of Sydney NS
- From Danielle D. and Ira G. to honour and thank the High Holidays Committee and all participants
- From Fenja and Irwin B. to celebrate Irwin's birthday
- From Christine and Stephen S.
- From Eva S. for the yahrzeit of her husband Harry S.
- From Phyllis and Peter W. for the yahrzeit of Phyllis's father Harry S.
- From Ron S. for the yahrzeit of his father Harry S.
- From Susan L.-C. and Arie C. in honour of their daughter's marriage to take place on Dec 18

Ben Brodo Torah Fund

- From Irwin and Fenja B. in loving memory of Ann and Ben B.

Ritual Item Fund

- From Sidney F., with special thanks to Joel Y. and shul members who enriched the unveiling for Paul K..
- From Ruth K. and Harvey G. to Seymour S. & Family in memory of his mother.

Rose Adler Fund

- From Ruth K. and Harvey G. to Sharon A. D. in memory of her mother

Social Action Fund

- From Danielle D. and Ira G. wishing Bernie R. a refuah shlema
- From Ruth K. and Harvey G. to Elaine H. in memory of her brother
- From Ira G. and Danielle D. in memory of Elaine H.'s brother
- From Ira G. and Danielle D. in memory of Seymour S.'s mother
- From Toby and David B.
- From Sharon A. D., Deborah, Ruth, Joshua and Mordecai to David S. in memory of his parents Shoshana and Tom S.
- From Sharon A. D., Deborah, Ruth, Joshua and Mordecai to John S. in memory of his father Tom S. and his stepmother Shoshana S.

**The Congregation sends condolences to:
Seymour S. on the death of his mother
May her memory be a blessing.**

ADATH SHALOM YOUTH BIRTHDAYS

Logan R. G.	February 7,2000
Esther V.-O.	February 22, 1997

**TORAH, HAFTORAH, DIVREI TORAH
& KIDDUSH**

JANUARY 7	Vayechi
TORAH	Danielle D.
HAFTORAH	Toby Y.
DVAR	Mark W.
GABBAI	Joel Y.
KIDDUSH SETUP	Susan L.-C.
KIDDUSH SHOPPER	Elaine V.
KIDDUSH SPONSOR	Agnes and Tibor S.

JANUARY 14	Shemot
TORAH	Claire C.
HAFTORAH	David K.
DVAR	Alan S.
GABBAI	David K.
KIDDUSH SETUP	Rosalie F.
KIDDUSH SHOPPER	Elaine V.

JANUARY 21	Vaera
TORAH	Cary L.
HAFTORAH	David K.
DVAR	Ed L.
GABBAI	David K.
KIDDUSH SETUP	Marilyn O.
KIDDUSH SHOPPER	Joel Y.
KIDDUSH SPONSOR	Harold S.

JANUARY 28	Bo
TORAH	Uri A.
HAFTORAH	Marilyn O.
DVAR	Susan L.-C.
GABBAI	Leslie R.
KIDDUSH SETUP	Toby B.
KIDDUSH SHOPPER	Danielle D.

FEBRUARY 4

TORAH
HAFTORAH
DVAR
GABBAI
KIDDUSH SETUP
KIDDUSH SHOPPER

Beshalach (Shabbat Shira)
 Stephen A.
 Leslie R.
 Stephen A.
 Danielle D.
 Fenja B.
 Joel Y.

FEBRUARY 11

TORAH
HAFTORAH
DVAR
GABBAI
KIDDUSH SETUP
KIDDUSH SHOPPER
KIDDUSH SPONSOR

Yitro
 Sylvia G.
 Lionel P.
 Susan L.-C.
 Irwin B.
 Marilyn O.
 T.B.D.
 Marlene E. and Bruce W.

FEBRUARY 18

TORAH
HAFTORAH
DVAR
GABBAI
KIDDUSH SETUP
KIDDUSH SHOPPER

Mishpatim (Shabbat Shekalim)
 David S.
 Irwin B.
 Fenja B.
 Leslie R.
 Toby B.
 T.B.D.

FEBRUARY 25

TORAH
HAFTORAH
DVAR
GABBAI
KIDDUSH SETUP
KIDDUSH SHOPPER

Terumah
 Uri A.
 Marilyn O.
 Alan S.
 Joel Y.
 T.B.D.
 Joel Y.

MARCH 3

TORAH
HAFTORAH
DVAR
GABBAI
KIDDUSH SETUP
KIDDUSH SHOPPER
KIDDUSH SPONSOR

Tetzaveh (Shabbat Zachor)
 Joel Y.
 Toby Y.
 Harvey G.
 Paul A.
 Rosalie F.
 Sylvia G.
 Chris and Steve S.

(T.B.D is To be determined)

To participate in chanting or reading the Torah, Haftorah, or to give a D'var Torah, contact Susan and David K. To volunteer to setup a Kiddush please contact Susan L.-C.

FREE DOWNLOAD

While surfing the web, I came across a free download of Seymour Mayne's latest book.

It is available at:

<http://www.ruor.uottawa.ca/en/handle/10393/20354>.

You can now check it out before deciding whether or not to purchase it.

Peter W.

SPECIAL OFFER TO MEMBERS OF ADATH SHALOM

We would like to offer members of Adath Shalom the option of receiving the bulletin by email instead of by snail mail. There are several advantages:

Your copy will be emailed and delivered to you as soon as is published.

Better viewing of colour photos and graphics.

Access to internet hyperlinks via your mouse (hyperlinks usually indicated via the [blue colour](#)). Clicking on these will bring you to a referenced internet site. Try this one:

<http://www.adath-shalom.ca>

Environmentally friendly – save on paper and postage.

If you are interested please email me at

bulletin-editor@adath-shalom.ca, and I will send you a copy of the latest bulletin via email. If you like the result, we will add you to the list of members that are receiving the bulletin this way. You will then not receive it from the post office anymore (and not have to deal with mail strikes!).

Peter W.

Upcoming Bulletin Deadlines**Deadline**

February 6

April 9

Bulletin Period

February 20 to April 22

April 23 to June 17